

The Prescription Painkiller Epidemic

Opioid painkiller drugs mask pain. They do not cure it. Prescription drugs that numb pain in some cases may convince a patient that a musculoskeletal condition is less severe than it is, or that it has healed. This misunderstanding can lead to over-exertion and a delay in the healing process, or even to permanent injury.

Prescribers of Opioid Painkillers in the United States



Chiropractic physicians are skilled in the most conservative treatment methods to alleviate pain and urge patients and other health care providers, where appropriate, to exhaust these options before resorting to riskier and more invasive treatments such as drugs and surgery.

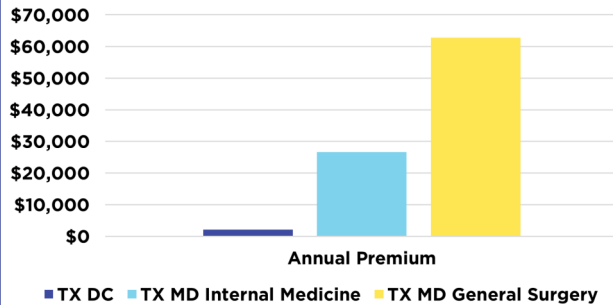


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Source: Practice Analysis of Chiropractic 2015. NRC. www.nrc.org/finalreportanalysis.
J. Morris, H. R. Mir. The Opioid Epidemic: Impact on Orthopaedic Surgery. Journal of the American Academy of Orthopaedic Surgeons, 2015; 23 (5): 267 DOI: 10.5435/JAAOS-D-14-00163

CHIROPRACTIC IS SAFE

Malpractice Insurance Comparison



Texas DC: \$2,173 (Source: NCMIC)
Texas MD Internal Medicine: \$26,605 (Source: Cunningham Group Insurance Company)
Texas MD General Surgery: \$62,864 (Source: Cunningham Group Insurance Company)
All policies \$200/\$600, full time, claims made mature rate, Texas

#WeAreTCA



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ABOUT CHIROPRACTIC

chirotexas.org





RESEARCH

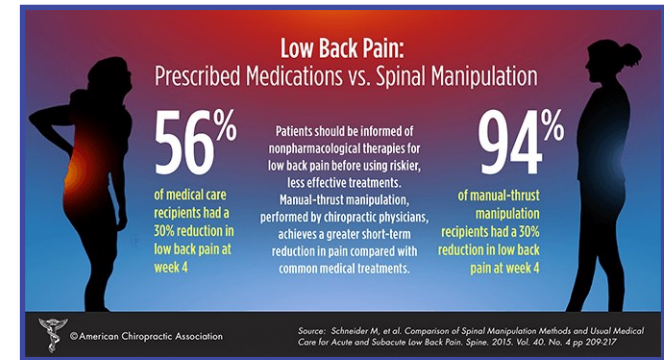
- The Spine Journal (2013)
- The Spine Journal (2015)
- Cochrane Database Systemic Review (2015)
- Journal of Manipulative and Physiological Therapeutics (2016)
- American College of Physicians (2017)
- Journal of the American Medical Association (2017)
- The Spine Journal (2018)
- Journal of Alternative and Complementary Medicine (2018)
- The Lancet (2018)

WORLD HEALTH ORGANIZATION'S DEFINITION


Chiropractic is “a health care profession concerned with the diagnosis, treatment and prevention of disorders of the neuromusculoskeletal system, and the effects of these disorders on general health.”

Chiropractors serve in many positions across the United States including, but not limited to:

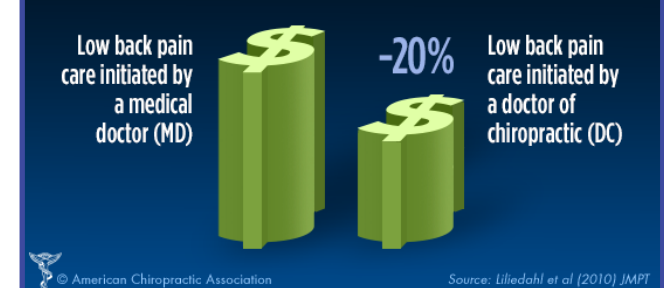
- The Texas School Board
- City Council seats
- Texas Department of Insurance designated doctors within the DWC
- Medical team members of professional sports teams
- Medical team members of hospital systems
- Residencies and medical team members of the Veterans Administration
- Cancer treatment centers of America
- Researchers for various foundations, colleges and universities, and as professors at medical schools
- Active-duty military personnel in 66 interdisciplinary military treatment facilities worldwide (63 in the United States, others in Japan and Germany)
- Doctors of Chiropractic have acted as Consultants to the White House and treated the Presidents of the United States



HEALTHCARE EDUCATION COMPARISON

	 TCA	TEXAS STATE UNIVERSITY	THE UNIVERSITY OF TEXAS AT AUSTIN	The University of Texas Rio Grande Valley	TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER	TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER	TEXAS CHIROPRACTIC COLLEGE
	Athletic Trainer	Family Nurse Practitioner	Physician's Assistant	Doctor of Physical Therapy	Medical Doctor	Doctor of Chiropractic	
Admissions	High School Diploma Minimum GPA 2.75	Bachelor's Degree in Nursing Minimum GPA 3.0	Prerequisites: 33 undergrad hours GPA of ≥ 3.0	Bachelor's Degree Minimum GPA 3.0	Bachelor's Degree 90 semester hours GPA of ≥ 3.6 MCAT of 30	Bachelor's Degree 90 semester hours GPA of ≥ 3.0 MCAT N/A	
Total Collegiate Years	4 Years	5 Years	5 Years	7 Years	8 Years	8 Years	
Credit Hours Post Bachelors Degree	0 Credit Hours	41 Credit Hours	100 Credit Hours	100 Credit Hours	160 Credit Hours	220 Credit Hours	
Residency and Clinical Rotations	480 Clock Hours (about 12 weeks)	180 Clock Hours (about 4.5 weeks)	32 weeks	32 weeks	3-8 Years Depending on Specialty	1 Year Clinical Rounds Residency*	
References	txstate.edu	nursing.utexas.edu	utrgv.edu/pa	ttuhsc.edu	ttuhsc.edu	txchiro.edu	

Conservative Care = Cost Effective



Likelihood of Surgery For Workers with Back Injuries

